

# DOCTOR DISCUSSION GUIDE

## FOR ADULTS WITH SCHIZOPHRENIA

# WE CAN HELP YOU START THE CONVERSATION WITH YOUR DOCTOR.

Talking with a doctor about how schizophrenia affects you or your loved one can be challenging. Especially if it's constantly changing. By answering a few questions about you or your loved one's condition, and your treatment goals, we can help you create a personalized discussion guide to help make your conversation with a doctor a little easier. You can fill out this interactive PDF on your computer or simply print this out as a reference.

## 1. How are you feeling now compared to when starting treatment?

Worse

About the same

Better

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## 2. Have you experienced any of the following symptoms recently?

Select all that apply.

### Lack of judgement and insight

(Being less able to process what's going on)

### Active social avoidance

(Going out of the way not to speak or interact with others)

### Delusions

(Unusual thoughts or beliefs)

### Hallucinations

(Hearing, seeing, smelling, or feeling things that aren't there)

### Paranoia

(Thinking unseen forces are trying to harm you)

### Lack of spontaneity/conversation flow

(Trouble carrying on a conversation)

### Emotional withdrawal

(Not being able to show or share your feelings)

### Loss of pleasure

(Not wanting to do things you normally would)

### Flat affect

(Speaking in a monotone voice with no emotion)

### Inability to focus

(Unable to concentrate on ordinary tasks)

### Depression

(Feelings of sadness, emptiness, and isolation)

### Important Safety Information

Medicines like CAPLYTA can raise the risk of death in elderly people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). CAPLYTA is not approved for treating people with dementia-related psychosis.

Please see additional Important Safety Information on page 3.

**3. Have you experienced any side effects or changes to health?**

**4. How satisfied are you with your current treatment?**

Very Unsatisfied

Unsatisfied

Indifferent

Satisfied

Completely Satisfied

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I'm not currently treating my schizophrenia

**5. Are you taking your medication as prescribed?**

Yes

No

**6. Are you open to considering a new treatment option?**

Yes

No

**7. Use this space to write down anything you'd like to share with the doctor.**

If you need help talking to a doctor about CAPLYTA, ask these questions:

**1) What are the potential benefits & risks of CAPLYTA?**

**2) How does the CAPLYTA safety profile compare to other treatments?**

**3) Do you think CAPLYTA is right for me?**

CAPLYTA is a prescription medicine used to treat adults with schizophrenia.

### **Important Safety Information (continued from page 1)**

Do not take CAPLYTA if you are allergic to any of its ingredients. Get emergency medical help if you are having an allergic reaction (e.g., rash, itching, hives, swelling of the tongue, lip, face, or throat).

#### **CAPLYTA may cause serious side effects, including:**

- **Stroke (cerebrovascular problems)** in elderly people with dementia-related psychosis that can lead to death.
- **Neuroleptic malignant syndrome (NMS):** high fever, confusion, changes in your breathing, heart rate, and blood pressure, stiff muscles, and increased sweating; these may be symptoms of a rare but potentially fatal condition. Contact your healthcare provider or go to the emergency room if you experience signs and symptoms of NMS.
- **Uncontrolled body movements (tardive dyskinesia, TD)** in your face, tongue, or other body parts. TD may not go away, even if you stop taking CAPLYTA. It may also occur after you stop taking CAPLYTA.
- **Problems with your metabolism** including high blood sugar, diabetes, increased fat (cholesterol and triglyceride) levels in your blood and weight gain. Your healthcare provider should check your blood sugar, fat levels and weight before you start and during your treatment with CAPLYTA. Extremely high blood sugar levels can lead to coma or death. Call your healthcare provider if you have any of the following symptoms of high blood sugar: feeling very thirsty, hungry, sick to your stomach, needing to urinate more than usual, weak/tired, or confused, or your breath smells fruity.
- **Low white blood cell count.** Your healthcare provider may do blood tests during the first few months of treatment with CAPLYTA.
- **Decreased blood pressure (orthostatic hypotension).** You may feel lightheaded, dizzy, or faint when you rise too quickly from a sitting or lying position.
- **Falls.** CAPLYTA may make you sleepy or dizzy, may cause a decrease in your blood pressure when changing position (orthostatic hypotension), and can slow your thinking and motor skills which may lead to falls that can cause broken bones or other injuries.
- **Seizures (convulsions).**
- **Sleepiness, drowsiness, feeling tired, difficulty thinking and doing normal activities.** Until you know how CAPLYTA affects you, do not drive, operate heavy machinery, or do other dangerous activities.
- **Problems controlling your body temperature so that you feel too warm.** Avoid getting overheated or dehydrated while taking CAPLYTA.
- **Difficulty swallowing that can cause food or liquid to get into the lungs.**

The most common side effects of CAPLYTA include sleepiness and dry mouth.

These are not all the possible side effects of CAPLYTA. Tell your healthcare provider if you have or have had heart problems or a stroke, high or low blood pressure, diabetes, or high blood sugar, problems with cholesterol, have or have had seizures (convulsions), kidney or liver problems, or a low white blood cell count. CAPLYTA may cause fertility problems in females and males. You should notify your healthcare provider if you become pregnant or intend to become pregnant while taking CAPLYTA. CAPLYTA may cause abnormal involuntary movements and/or withdrawal symptoms in newborn babies exposed to CAPLYTA during the third trimester. Talk to your healthcare provider if you breastfeed or are planning to breastfeed as CAPLYTA passes into breast milk. Tell your healthcare provider about all the medicines you're taking. CAPLYTA may affect the way other medicines work, and other medicines may affect how CAPLYTA works, causing possible serious side effects. Do not start or stop any medicines while taking CAPLYTA without talking to your healthcare provider. You are encouraged to report negative side effects of prescription drugs. Contact Intra-Cellular Therapies, Inc. at 1-888-611-4824 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

CAPLYTA is available in 10.5 mg, 21 mg, and 42 mg capsules.

Please see [Medication Guide](#), including Boxed Warning.